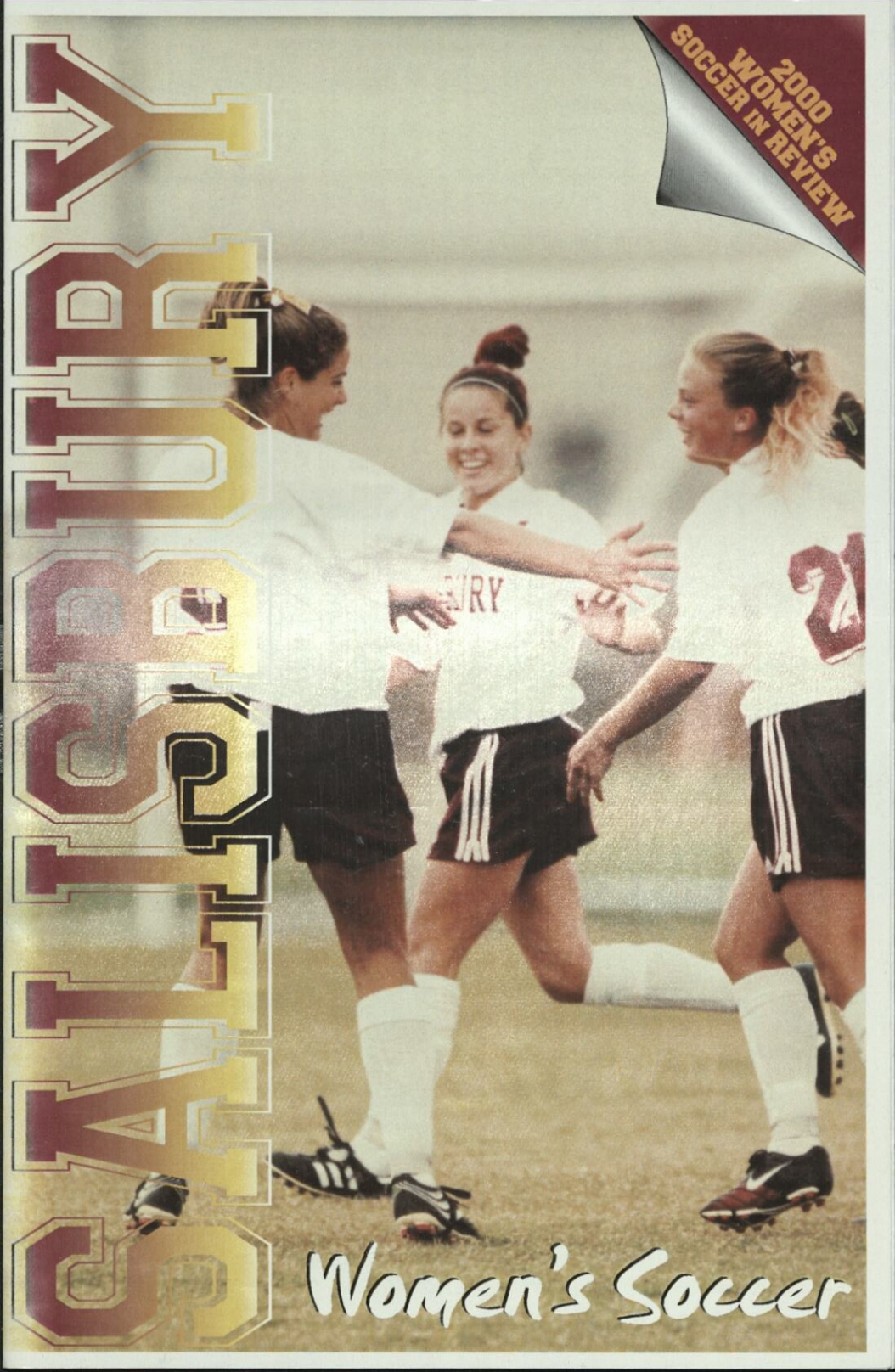
CALTECH

2000 WOMEN'S SOCCER IN REVIEW



Women's Soccer

SSU at a glance

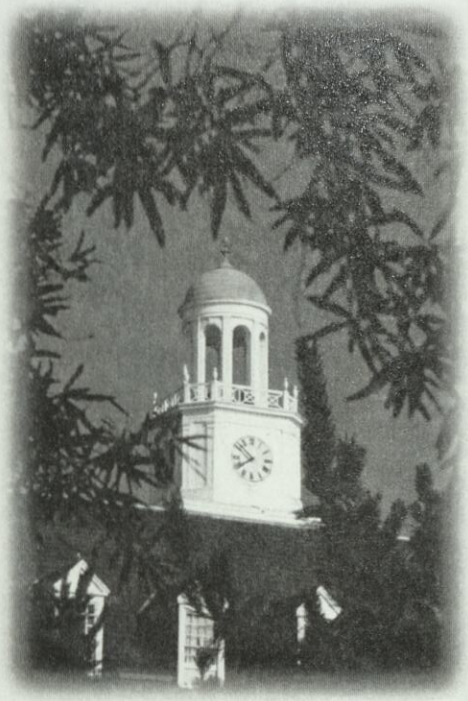
The resources of a University ...
6,000 students from 33 states and 29 foreign countries
30 undergraduate and 8 graduate programs
260 full-time faculty, 90 percent of tenure-track faculty have terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
2000-01 tuition, room, board and fees: $10,102 per year for Maryland residents; $14,838 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.



Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 46 buildings on 130 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

Head Coach Jim Berkman

Led by Head Coach **Jim Berkman**, the Salisbury State women's soccer program enjoyed its most successful season ever in 2000. The Sea Gulls posted a record-setting 20-1-2 season that included their second conference championship and an appearance in the NCAA Tournament's final eight. Salisbury recorded an NCAA-best 22-game unbeaten streak and was the last undefeated team in the nation.

The Sea Gulls, who moved to varsity status in 1994, have known nothing but success during their seven varsity campaigns, with seven consecutive winning seasons and at least 13 victories or better in six of those seasons. SSU has had 42 players earn all-conference recognition since 1994, including a conference-best six players in 2000.

Directing a first-year varsity program in 1994, Berkman led the Sea Gulls to the Capital Athletic Conference championship and earned CAC Coach-of-the Year honors along the way. The Sea Gulls have followed with six more trips to the conference championship game and captured their second CAC crown in 2000. That victory–a 2-1 win over Mary Washington–was a milestone win for the program in several ways. The victory secured SSU's first NCAA Tournament bid and also registered the 100th win in team history. Salisbury has a stellar 102-28-5 record in seven varsity seasons.

Salisbury Year-by-Year Record

1994	13-5-0	CAC Champions
1995	11-5-0	CAC runnersup
1996	17-3-0	CAC runnersup
1997	15-3-2	CAC runnersup
1998	13-6-1	CAC runnersup
1999	13-5-0	CAC runnersup
2000	20-1-2	CAC Champions, NCAA final eight
Total	**102-28-5**	**(7 seasons)**

Berkman, who also coaches the men's lacrosse team, is now serving in his second decade at Salisbury State. In addition to his outstanding work with the women's soccer team, Berkman's successful lacrosse resume includes a 168-21 career record at Salisbury since 1989, with three national championships, two national runnerup finishes, seven national semifinal appearances and five undefeated regular seasons.

An accomplished all-around athlete, the Watertown, NY, native starred on the basketball team as well as the lacrosse squad at St. Lawrence (NY) University, earning MVP honors in basketball as both a junior and senior. After graduating from St. Lawrence in 1982, Berkman spent two years at Salisbury State while he earned his master's degree. He followed that with one season at Potsdam State, then he returned to St. Lawrence from 1985 88, where he coached men's basketball in addition to his duties with the soccer program.

The 2000 coaching staff piloted the Sea Gulls to a 20-1-2 record and a berth in the NCAA Tournament's final eight. Pictured (l-r) are Scott Bowers, Wayne Gorrow, Jim Berkman and Heidi Shaneybrook.

Quoting Coach Berkman

(On Recruiting at SSU)..."We have a great school and a great product to offer with outstanding academics. Student-athletes have a chance to get a great education here, one of the best on the East Coast, I believe. We also have super facilities, both academically and athletically. And those are going to get even better."

(Tips For Choosing a College Program)..."The most important thing is whether or not there's a commitment to doing things in a first-class manner. A commitment to playing a great schedule, to traveling in a first-class fashion, and a commitment to winning. A program should have full-time coaches who are there to help athletes with personal and academic needs as well as athletic needs."

(The Importance of Academics)..."It's the number one thing, the top priority. We try to keep soccer fun, but we don't forget why we're here in the first place. We want our players to be their best in the classroom just like we want them to reach their full potential as athletes."

(On Dual-Sport Opportunities)..."We encourage anybody who has the ability to excel at two or even three sports to do so. We support them 100 percent. We have a number of multi-sport athletes in the program right now. Playing more than one sport helps athletes stay in shape and gives them a chance to compete. It makes their athletic experience even more rewarding."

(Berkman's Ideal Student-Athlete)..."We want people who want to improve. We want people to be excited about getting better and to have the work ethic it takes to improve. We want people who are striving to be the best, in the classroom and on the field. We want people who love the game and love to play it, in season and out of season. And we want people who want to play the game at the highest level and who want to play in a program that will challenge to be an NCAA contender."

(On His Scheduling Philosophy)..."We want to play the best teams we can play. That's the only way to get better. We want to be challenged and play the best so we know what it takes to be the best. That's how you prepare to be a national contender on a year-to-year basis."

(On SSU's Athletic Facilities)..."I believe our facilities, from top to bottom, are the best at our level. From our soccer complex to the fitness center with 25 pieces of Nautilus and other equipment to our free weight room. Our facilities are second to none."

Gulls Enjoy Their Finest Season Ever

A Closer Look at the 2000 Season Highlights

- Salisbury (20-1-2 final record) earned its first NCAA Tournament berth by winning the championship of the Capital Athletic Conference and claiming the CAC's automatic bid.
- The Sea Gulls won the NCAA Tournament's South Region with a 2-1 overtime win over Lynchburg and a 2-0 shutout over Villa Julie in the regional final, advancing to the national quarterfinals (final eight).
- SSU won its 100th game in program history with a 2-1 win at Mary Washington in the CAC Championship.
- Six all-conference players (Meredith Bigham, Ellen Mirsky, Amy Forbes first team; Sarah Harding, Cindy Maxfield, Amber Bradford second team)

Team and Individual Records Included:

- most wins in a season (20)
- longest unbeaten streak (22); was also the longest in the nation in 2000 and the eighth longest in NCAA Division III women's soccer history.
- longest winning streak, tied (11)
- most goals in a season (97)
- most assists in a season (67)
- most goals in a game (13 vs. Columbia Union)
- highest scoring average (4.2 goals per game)
- most games played (23)
- most points in a season, tied, 35 (14g-7a) by Amber Bradford
- most assists in a season, 11 by Joy Mulholland
- most shutouts in a career, 42 by Amy Forbes
- most goals in a game, tied, 3 by Cindy Maxfield vs. Columbia Union; and Meredith Bigham vs. Gallaudet

The 2000 team captains, (l-r) were junior back Ellen Mirsky, senior goalie Amy Forbes, and senior midfielder Allison Nigro.

2000 Sea Gull Roster

No.	Name	Pos.	Year	Hometown	High School
0	Amy Forbes	G	Sr.	Ewing, NJ	Ewing
2	Rachel Tansey	B	Fr.	Gambrills, MD	Archbishop Spaulding
3	Allison Nigro	B	Sr.	Bay Village, OH	Magnificat
4	Meredith Bigham	M	Jr.	Medford, NJ	Bishop Eustace
6	Sarah Harding	F	Jr.	Baltimore, MD	Overlea
8	Kathleen Tiedemann	F	Fr.	Sayville, NY	Sayville
9	Joy Mulholland	M	Jr.	Ellicott City, MD	Mt. de Sales
10	Erica Szoc	F	So.	Hampton, NJ	North Hunterdon
11	Christine Kowalik	F	So.	Freehold, NJ	Freehold
12	Elena Ferranti	F	So.	Melville, NY	Walt Whitman
14	Kelly Whalen	D	So.	Rockville, MD	Holy Cross
16	Shanon Buchly	F	Fr.	Salisbury, MD	Parkside
17	Lisa Capitelli	M	Jr.	Holtsville, NY	Sachem
18	Kristey Lillis	M	Jr.	Vernon, NJ	Vernon Township
19	Kelly Knutson	B	Jr.	Eldersburg, MD	Liberty
20	Bonnie O'Doherty	D	Sr.	Garden City, NY	Garden City
21	Cindy Maxfield	F	Jr.	Columbia, MD	Long Reach
22	Amber Bradford	M	Jr.	Fallston, MD	Fallston
23	Maria Ciasca	D	So.	Burlington, NJ	Burlington Township
24	Leah Cochol	B	Fr.	Canandaiqua, NY	Canandaiqua
26	Ellen Mirsky	M	Jr.	Marlton, NJ	Cherokee
00	Kristin Hunter	G	Fr.	Crofton, MD	Arundel
00	Jessica Shaffer	G	So.	Mechanicsville, MD	Chopticon

Head Coach –Jim Berkman (seventh year)
Assistants –Wayne Gorrow, Scott Bowers, Heidi Shaneybrook
Captains – Amy Forbes, Ellen Mirsky, Allison Nigro

Sea Gull Recordbook

Team Records

Most Goals Scored, Game	13 vs. Columbia Union, 9/12/00
Most Goals Scored, Season	97, 2000
Largest Margin of Victory	13 vs. Columbia Union, 9/12/00
Most Goals Allowed, Game	5 vs. William Paterson, 9/19/97
Most Goals Allowed, Season	17, 2000
Fewest Goals Allowed, Season	8, 1999
Most Shutouts, Season	14, 1996
Most Consecutive Shutouts, Season	6, 1997
Most Games Played, Season	23, 2000
Most Wins, Season	20, 2000
Most Home Wins, Season	12, 1996
Longest Winning Streak	11, 1996, 2000
Longest Unbeaten Streak	22, 2000
Longest Home Winning Streak	19, 1995-97
Most Saves, Game	16 vs. Notre Dame (MD), 9/16/95 vs. Mary Washington, 9/25/94

Individual Records

Most Goals, Game	3, most recently Meredith Bigham vs. Gallaudet 9-28-00
Most Goals, Season	15, Ava Tasker, 1996
Most Goals, Career	41, Danielle Urban, 1994-97
Most Assists, Game	3, Jennifer Mazzola vs. Marymount, 10/1/97 Danielle Urban vs. Marymount, 9/17/96
Most Assists, Season	9, Danielle Urban, 1997
Most Assists, Career	11, Joy Mulholland, 2000
Most Points, Game	7, Ava Tasker (3g-1a) vs. Catholic, 10/31/96
Most Points, Season	35, Ava Tasker (15g-5a), 1996 35, Amber Bradford (14g-7a), 2000
Most Points, Career	101, Danielle Urban (41g-19a), 1994-97
Most Saves, Game	16, Kristi Kauffman vs. Mary Washington, 9/25/94 16, Amy Forbes vs. St. Mary's, 10/29/98
Most Saves, Season	132, Kristi Kauffman, 1994
Most Saves, Career	325, Kristi Kauffman, 1994-96
Most Shutouts, Season	14, Kristi Kauffman, 1996
Most Shutouts, Career	42, Amy Forbes, 1997-00

Career Leaders

Goals

Player	Goals	Years
1) Danielle Urban	41	1994-97
2) Ava Tasker	31	1994-96
3) Cortney Urban	28	1995-98
4) Meredith Bigham	21	1998-00
5) Cindy Maxfield	20	1998-00
6) Dana Earl	18	1996-99
7) Amber Bradford	16	1999-00
8) Kristey Lillis	13	1999-00
Patty Jones	13	1995-97
10) Cindy Parulis	12	1994-96

Assists

Player	Assists	Years
1) Danielle Urban	19	1994-97
2) Joy Mulholland	18	1998-00
3) Meredith Bigham	16	1998-00
Dana Earl	16	1996-99
5) Cortney Urban	11	1995-98
6) Cindy Maxfield	10	1998-00
7) Patty Jones	9	1995-97
Ava Tasker	9	1994-96
9) Amber Bradford	8	1999-00
Sarah Harding	8	2000
Jennifer Mazzola	8	1997-99

Points

Player	Points	Years
1) Danielle Urban	101 (41g-19a)	1994-97
2) Ava Tasker	71 (31g-9a)	1994-96
3) Cortney Urban	67 (28g-11a)	1995-98
4) Meredith Bigham	58 (21g-16a)	1998-00
5) Dana Earl	52 (18g-16a)	1996-99
6) Cindy Maxfield	50 (20g-10a)	1998-00
7) Amber Bradford	40 (16g-8a)	1999-00
8) Patty Jones	35 (13g-9a)	1995-97
9) Joy Mulholland	34 (8g-18a)	1998-00
10) Kristy Lillis	29 (13g-3a)	1999-00

Saves

Player	Saves	Years
1) Kristi Kauffman	325	1994-96
2) Amy Forbes	304	1997-00

Sea Gull Honor Roll

1994

Jim Berkman	CAC Coach of the Year
Amanda Brooks	First Team All-CAC Back
Kristi Kauffman	Second Team All-CAC Goalie
Karen Mannion	Second Team All-CAC Midfielder
Vicki Prince	First Team All-CAC Midfielder
Ava Tasker	First Team All-CAC Back, Third Team All-South Region Back
Danielle Urban	Second Team All-CAC Forward

1995

Amanda Brooks	Second Team All-CAC Back
Kristi Kauffman	First Team All-CAC Goalie, Third Team All-Mid Atlantic Region Goalie
Karen Mannion	First Team All-CAC Back, First Team All-Mid Atlantic Region Back
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Midfielder

1996

Amy Gallagher	Second Team All-CAC Back
Patty Jones	Second Team All-CAC Forward
Kristi Kauffman	First Team All-CAC Goalie
Erin Sargent	Second Team All-CAC Midfielder
Ava Tasker	First Team All-CAC Midfielder, CAC Player of the Year
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Back

1997

Dana Earl	Second Team All-CAC Midfielder
Amy Forbes	Second Team All-CAC Goalie
Jennifer Mazzola	Second Team All-CAC Back

1997 Continued

Cortney Urban	Second Team All-CAC Forward, Third Team All-Mid Atlantic Region Forward
Danielle Urban	Second Team All-CAC Forward
Nicole Urban-Ingley	First Team All-CAC Back, First Team All-Mid Atlantic Region Back

1998

Amy Forbes	Second Team, All-CAC Goalie
Amy Gallagher	First Team All-CAC Back, Third Team All-Mid Atlantic Region Back
Dana Earl	Second Team All-CAC Midfielder
Joy Mulholland	Second Team All-CAC Back
Katie Rowles	Second Team All-CAC Midfielder
Cortney Urban	First Team All-CAC Forward

1999

Dana Earl	First Team All-CAC Midfielder
Amy Gallagher	First Team All-CAC Back
Amy Forbes	First Team All-CAC Goalie
Cindy Maxfield	Second Team All-CAC Forward
Meredith Bigham	Second Team All-CAC Midfielder
Ellen Mirsky	Second Team All-CAC Back

2000

Meredith Bigham	First Team All-CAC Midfielder
Ellen Mirsky	First Team All-CAC Back
Amy Forbes	First Team All-CAC Goalie
Sarah Harding	Second Team All-CAC Forward
Cindy Maxfield	Second Team All-CAC Forward
Amber Bradford	Second Team All-CAC Midfielder

All-Time Record Against Opponents

Opponent	W	L	T
Cabrini	2	0	0
Catholic *	7	0	0
Christopher Newport	1	0	0
Columbia Union	1	0	0
Frostburg State	6	0	0
Gallaudet	1	0	0
Goucher *	9	1	1
Greensboro	1	0	0
Haverford	0	1	0
Johns Hopkins	2	1	0
Kean	1	1	0
Lynchburg	3	1	0
Mary Washington *	2	10	2
Marymount *	10	0	0
Maryville	1	0	0
Messiah	2	1	0
Methodist	1	1	0
NC Wesleyan	2	0	0
Notre Dame (MD)	5	2	0
Randolph-Macon	0	2	0
Richard Stockton	1	2	0
Rowan	2	0	0
Shenandoah	6	1	0
St. Mary's (MD)*	8	1	2
Villa Julie	5	0	0
Virginia Wesleyan	4	1	0
Wesley	5	0	0
Western Maryland	3	0	0
Widener	4	0	0
William Paterson	1	1	0
Wisconsin-Stevens Point	0	1	0
York *	6	0	0
TOTALS	102	28	5

* CAC opponent

2000 Results and Statistics

Date	Opponent	Result/Score	Notes
Aug. 30	York *	W 1-0	Harding goal; Bradford assist
Sept. 2	Frostburg State	W 7-3	Bigham two goals; Mulholland, Harding two assists
Sept. 5	@ Shenandoah	W 9-1	SSU single-game record for goals
Sept. 7	Richard Stockton	W 2-1 2ot	Lillis game-winner with 1:34 remaining in 2nd OT
Sept. 9	Notre Dame	W 7-0	Maxfield, Lillis 2 goals each; Harding 2 assists
Sept. 12	Columbia Union	W 13-0	2nd team scoring record in seven days
Sept. 16	North Carolina Wesleyan	W 3-1	Bradford, Lillis, Tiedemann goals
Sept. 20	@ Catholic *	W 3-0	Ciasca 1g-1a; Szoc, Mulholland 1g each
Sept. 23	@ Mary Washington *	T 1-1 2ot	Maxfield goal; Forbes 12 saves
Sept. 28	@ Gallaudet *	W 5-0	Bigham 3g; Tiedemann, Bradford 1g each
Sept. 30	St. Mary's *	T 2-2 2ot	Maxfield, Bigham goals
Oct. 3	@ Christopher Newport	W 3-1	Szoc, Bradford, Lillis goals
Oct. 6	Marymount *	W 8-0	Bigham, Capitelli 2g-1a; Bradford 2g
Oct. 8	Rowan	W 2-1	Szoc, Bradford goals; Tiedemann assist
Oct. 14	Villa Julie	W 4-1	Harding 1g-1a; Bradford, Ciasca, Szoc 1g
Oct. 17	@ Wesley	W 2-0	Bigham 1g-1a; Bradford 1g
Oct. 21	@ Goucher	W 8-0	SSU first undefeated regular season
Oct. 23	Goucher	W 6-0	CAC Tournament – quarterfinals
Oct. 26	St. Mary's	W 5-1	CAC Tournament – semifinals
Oct. 28	@ Mary Washington	W 2-1	**CAC Tournament - championship**
Nov. 4	Lynchburg #	W 2-1 2ot	**NCAA Tournament - Southeast Regional semi**
Nov. 5	Villa Julie #	W 2-0	**NCAA Tournament - Southeast Regional final**
Nov. 11	Wisc-Stevens Point $	L 2-0	**NCAA Tournament – national quarterfinal**

* Capital Athletic Conference game # played in Rocky Mount, NC $ played in Salisbury

	2000 Season			Career		
Individual Scoring (Hometown)	**Goals**	**Assists**	**Points**	**Goals**	**Assists**	**Points**
Amber Bradford (Fallston, MD)	14	7	35	16	8	40
Meredith Bigham (Medford, NJ)	13	7	33	21	16	58
Cindy Maxfield (Columbia, MD)	13	4	30	20	10	50
Kathleen Tiedemann (Sayville, NY)	11	6	28	11	6	28
Sarah Harding (Baltimore)	9	8	26	9	8	26
Kristey Lillis (Vernon, NJ)	10	2	22	13	3	29
Erica Szoc (Hampton, NJ)	8	3	19	9	3	20
Joy Mulholland (Ellicott City, MD)	2	11	15	8	18	34
Maria Ciasca (Burlington, NJ)	3	6	12	4	6	14
Lisa Capitelli (Holtsville, NY)	5	1	11	7	1	15
Christine Kowalik (Freehold, NJ)	3	2	8	3	2	8
Bonnie O'Doherty (Garden City, NY)	2	3	7	2	3	7
Ellen Mirsky (Marlton, NJ)	2	2	6	4	2	10
Elena Ferranti (Melville, NY)	2	1	5	2	2	6
Rachel Tansey (Gambrills, MD)	0	2	2	0	2	2
Shannon Buchly (Salisbury, MD)	0	1	1	0	1	2
Leah Cochol (Canandaiqua, NY)	0	1	1	0	1	1
Kelly Knutson (Eldersburg, MD)	0	0	0	2	0	4
Allison Nigro (Bay Village, OH)	0	0	0	2	2	6
SSU TOTALS	97	67	261			
OPPONENTS	17	10	44			

Goalies	**G/GS**	**Saves**	**Goals**	**Pct.**	**ShO**	**Min**	**GAA**
Amy Forbes (Ewing, NJ)	23/23	72	16	.818	10	1997	0.72
Jessica Shaffer (Mechanicsville, MD)	8/0	1	1	.500	3	181	0.49
Kristin Hunter (Crofton, MD)	1/0	0	0	.000	0	2	0.00
SSU TOTALS	23/23	73	17	.811	10	2180	0.70
OPPONENTS	23/23	217	97	.691	0	2180	4.00

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.

- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.

- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.

- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
STATE UNIVERSITY

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